

# WORKSHOPS ABOUT HUMAN RIGHTS

During the visit of the Italian teenagers in Poland we took part in the workshops about human rights. The workshop started with a short presentation which showed us some information.

We learned that thanks to the Universal Declaration of Human Rights, which was established on December 10, 1948, every person on the earth has the right to education, freedom of expression, to start a family.... The whole presentation finished with a few thoughts of famous people who showed us how important it is to respect human rights.





After the presentation, we were given a very interesting task. The Polish-Italian pairs painted a silhouette of a person, inside which using different colours and techniques, we expressed what makes us happy. The Human rights represented by the drawings were very important for us.

After filling in the centre, we started to create the background. Outside we enumerated and named human rights that are important for us and which ensure our feelings of safety and happiness. Preparing our posters was not only fun, it gave us a little more. Thanks to the international cooperation we learnt that although we live in different countries we share the same values.





Later we presented our opinions and discussed. Inside the drawn shapes we set things which were important for us. A lot of them included symbols which meant happiness, attachment to nature, education and music. We also included the importance of family and international friendship. Outside of the shapes there were words which defined what we were entitled to. In this case, there was no problem with finding answers. We believed that we had the right to love and to be loved, to freedom, to an access to education, to freedom of religious belief, to start a family.



These are just some of the rights which we placed on the posters. Through this exchange we got to know what is important to other young Europeans. We could learn the approach to the topic of people from other countries. We could also talk about human rights because mostly we hear but don't talk about them. It was a good chance. We realized that this topic is still in need of consideration.

# We have got some opinions of teenagers about workshops in Poland :

I think that the workshop was very interesting because i could discover that my exchange students and the others think that the most important rights are very similar.

And the idea of painting together was a useful possibility to stay with Polish people and enjoy ourselves. With a universal instrument of communication: art.

Giulia Sancassani



I think that the workshop we made was important because, even if I had already known about human rights, I hadn't spoken about it before, so it was and important occasion to face the human rights .

Gioele Colombo



I loved the way you showed us the human rights with art! I think that we, both Italian and Polish, showed the others these rights with art as an instrument. You with painting, we with poetry. I think you could say this, because it's a beautiful thing :)

Rebecca Cianttini



